

## BLS Provider

### Aim

The BLS Course trains participants to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations and provide early use of an AED.

In this instructor-led course, students participate in simulated clinical scenarios and learning stations. Students work with an AHA BLS Instructor to complete BLS skills practice and skills testing. Students also complete a written exam.

### Course Content

- Updated science and education from the new 2020 AHA Guidelines Update for CPR and ECC
- Instructor-led, hands-on class format reinforces skills proficiency
- Emphasis on high-quality CPR including a team dynamics classroom activity
- Video-based course with real world scenarios
- This includes the use of all equipment available to the learners.
- The tutor examines the performance of each learner throughout the practice and gives immediate feedback on their technique as well as reinforcing the successful aspects of their technique.
- At the end of the programme the tutor submits course records for approval and certification.
- American Heart Association BLS Provider cards are issued to all successful participants.

### Programme duration:

Minimum 5.5 hours

### Accreditation:

HealthCo is an affiliated Irish Heart Foundation/American Heart Association training site.



All participants receive official IHF/AHA BLS Provider cards.